

**COURSES AT UNIVERSITIES/COLLEGES IN NEBRASKA  
PRE-APPROVED AS CORE EDUCATION FOR  
ALCOHOL/DRUG COUNSELOR CERTIFICATION UNDER  
TITLE 209, REGULATIONS FOR CERTIFYING  
ALCOHOL/DRUG ABUSE COUNSELORS**

**APPROVED FOR JANUARY 1, 2002 –DECEMBER 31, 2005**

(Note: Courses must be completed during the time period noted above for the pre-approval to apply. If Title 209 is revised, the courses in this booklet may no longer be approved. Also, if the educational institution changes the course content, a course may no longer be approved. If there is any doubt, contact the Division.)

DEPARTMENT OF HEALTH AND HUMAN SERVICES  
REGULATION AND LICENSURE - CREDENTIALING DIVISION  
P.O. Box 94986  
Lincoln, NE 68509-4986  
(402) 471-2117

JANUARY 2002  
ed: 10/02

The licensing standards for alcohol/drug abuse counselors in Nebraska (Title 209) specify eight core educational content areas or courses that applicants must complete. This booklet lists undergraduate/graduate credit courses at universities/colleges in Nebraska that have been pre-approved as meeting the core education outlined in Title 209.

Courses approved for alcohol/drug counselor licensing are not available at every post-secondary educational institution in Nebraska. Only those educational institutions in Nebraska that offer courses that have been pre-approved are listed in this booklet. An effort has been made to contact all universities/colleges in Nebraska and encourage them to submit their curricula for review.

If a university/college adds a new course to its curricula or feels it has a current course that meets the standards, it may submit the course for Division review at any time. If the course is approved, it will be maintained on file at the Division but will not be published in this booklet. Individuals are encouraged to contact the Division to check if other courses have been approved since the publication of this booklet.

The training listed in this booklet is approved for the time period of January 1, 2002, through December 31, 2005. You must complete the courses during this time period for the pre-approval to be valid. If you completed courses listed in this booklet prior to January 1, 2002, you will need to check with the Division to determine if they were pre-approved at the time of your attendance. If Title 209 is revised prior to December 31, 2005, resulting in changes to the core educational requirements, approval of the courses in this booklet may no longer be valid. Applicants would be required to meet the new standards as of the effective date of the revised regulations. Please refer to the note on the cover of this publication.

## TABLE OF CONTENTS

---

| Universities/Colleges                   | Page |
|---|------|
| <hr/>                                   |      |
| Bellevue College.....                   | 4    |
| Central Community College.....          | 5    |
| Chadron State College.....              | 6    |
| Creighton University.....               | 7    |
| Little Priest Tribal College.....       | 8    |
| Metropolitan Community College.....     | 9    |
| Peru State College.....                 | 10   |
| Southeast Community College.....        | 11   |
| University of Nebraska at Kearney.....  | 12   |
| University of Nebraska at Omaha.....    | 13   |
| Wayne State College.....                | 14   |
| Western Nebraska Community College..... | 15   |

**BELLEVUE UNIVERSITY**  
**BELLEVUE, NEBRASKA**

COUNSELING THEORIES AND TECHNIQUES (45 hours)

PY 235, Fundamentals of Guidance and Counseling (3 credits)  
or  
HS 528, Applied Counseling Theory (3 credits)

GROUP COUNSELING (45 hours)

HS 524, Group Process and Facilitation (3 credits)

HUMAN GROWTH AND DEVELOPMENT (30 hours)

PY 211, Human Development (3 credits)

PROFESSIONAL ETHICS AND ISSUES (15 hours)

PY 415/HS 515, Professional Ethics and Legal Issues in the Human Services (3 credits)

ALCOHOL/DRUG ASSESSMENT, CASE PLANNING AND MANAGEMENT (30 hours)

HS 535, Alcohol drug Assessment, Case Planning and Management (3 credits)

MULTICULTURAL COUNSELING (30 hours)

HS 538, Multicultural Counseling (3credits)

MEDICAL AND PSYCHOSOCIAL ASPECTS OF ALCOHOL/DRUG USE, ABUSE & ADDITION (45 hours)

HS 536, Medical and Psychosocial Aspects of Alcohol/Drug Use (3 credits)

CLINICAL TREATMENT ISSUES IN CHEMICAL DEPENDENCY (30 hours)

HS 537, Clinical Treatment Issues in Chemical Dependency (3 credits)

**CENTRAL COMMUNITY COLLEGE  
GRAND ISLAND, NEBRASKA**

COUNSELING THEORIES AND TECHNIQUES (45 hours)

HUSR 243.0, Counseling Techniques and Theories (3 credits)

GROUP COUNSELING (45 hours)

HUSR 230.0, Group Dynamics (3 credits)

HUMAN GROWTH AND DEVELOPMENT (30 hours)

PSYC 289.0, Developmental Psychology (3 credits)

PROFESSIONAL ETHICS AND ISSUES (15 hours)

HUSR 238.0, Professional Ethics and Issues (1 credit)

ALCOHOL/DRUG ASSESSMENT, CASE PLANNING AND MANAGEMENT (30 hours)

HUSR 255.0, Case Assessment, Planning and Management (2 credits)

MULTICULTURAL COUNSELING (30 hours)

HUSR 245.0, Multicultural Counseling (2 credits)

MEDICAL AND PSYCHOSOCIAL ASPECTS OF ALCOHOL/DRUG USE, ABUSE & ADDICTION (45 hours)

HUSR 251.0, Medical and Psychosocial Aspects (3 credits)

CLINICAL TREATMENT ISSUES IN CHEMICAL DEPENDENCY (30 hours)

HUSR 253.0, Clinical Treatment Issues (2 credits)  
**CHADRON STATE COLLEGE**  
**CHADRON, NEBRASKA**

COUNSELING THEORIES AND TECHNIQUES (45 hours)

None approved

GROUP COUNSELING (45 hours)

COUN 634, Group Counseling (3 credits)

HUMAN GROWTH AND DEVELOPMENT (30 hours)

PSYC 334, Developmental Psychology (3 credits)

PROFESSIONAL ETHICS AND ISSUES (15 HOURS)

None approved

ALCOHOL/DRUG ASSESSMENT, CASE PLANNING AND MANAGEMENT (30 hours)

None approved

MULTICULTURAL COUNSELING

COUN 435/535, Multicultural Counseling (3 credits)

MEDICAL AND PSYCHOSOCIAL ASPECTS OF ALCOHOL/DRUG USE, ABUSE & ADDICTION (45 hours)

None approved

CLINICAL TREATMENT ISSUES IN CHEMICAL DEPENDENCY (30 hours)

None approved  
**CREIGHTON UNIVERSITY**  
**OMAHA, NEBRASKA**

COUNSELING THEORIES AND TECHNIQUES (45 hours)

COU 610, Counseling Theories and Methods (3 credits)

GROUP COUNSELING (45 hours)

COU 620, Methods in Group Counseling (3 credits)

HUMAN GROWTH AND DEVELOPMENT (30 hours)

COU 544, Life-Span Development (3 credits)

PROFESSIONAL ETHICS AND ISSUES (15 hours)

None approved

ALCOHOL/DRUG ASSESSMENT, CASE PLANNING AND MANAGEMENT (30 hours)

None approved

MULTICULTURAL COUNSELING (30 hours)

COU 619, Counseling Diverse Populations (3 credits)

MEDICAL AND PSYCHOSOCIAL ASPECTS OF ALCOHOL/DRUG USE, ABUSE & ADDICTION (45 hours)

None approved

CLINICAL TREATMENT ISSUES IN CHEMICAL DEPENDENCY (30 hours)

None approved

**LITTLE PRIEST TRIBAL COLLEGE  
WINNEBAGO, NEBRASKA**

COUNSELING THEORIES AND TECHNIQUES (45 hours)

HMRS 1100, Counseling Theories and Techniques (3 credits)

GROUP COUNSELING (45 hours)

HMRS 2100, Group Counseling (3 credits)

HUMAN GROWTH AND DEVELOPMENT (30 hours)

EDUC 2100, Human Growth and Development (3 credits)

PROFESSIONAL ETHICS AND ISSUES (15 hours)

HMRS 1750, Professional Ethics and Issues (1 credit)

ALCOHOL/DRUG ASSESSMENT, CASE PLANNING AND MANAGEMENT (30 hours)

None approved

MULTICULTURAL COUNSELING (30 hours)

HMRS 2000, Multicultural Counseling (2 credits)

MEDICAL AND PSYCHOSOCIAL ASPECTS OF ALCOHOL/DRUG USE, ABUSE &  
ADDICTION (45 hours)

HMRS 1300, Pharmacology and Psychosocial Aspects of Chemical Addiction (3 credits)



CLINICAL TREATMENT ISSUES IN CHEMICAL DEPENDENCY (30 hours)

None approved  
**METROPOLITAN COMMUNITY COLLEGE**  
**OMAHA, NEBRASKA**

COUNSELING THEORIES AND TECHNIQUES (45 hours)

HMS 113, Helping Skills/Techniques (3 credits)  
HMS 114, Introduction to Counseling Theories (3 credits)  
(Both courses must be completed to meet the requirement).

GROUP COUNSELING (45 hours)

HMS 210, Group Counseling (4.5 credits)

HUMAN GROWTH AND DEVELOPMENT (30 hours)

PSY 121, Human Growth and Development (4.5 credits)

PROFESSIONAL ETHICS AND ISSUES (15 hours)

HMS 150, Professional Ethics and Issues (2.0 credits)

ALCOHOL/DRUG ASSESSMENT, CASE PLANNING AND MANAGEMENT (30 hours)

HMS 121, Assessment, Case Planning and Management (3.5 credits)

MULTICULTURAL COUNSELING (30 hours)

HMS 235, Multicultural Counseling (3.5 credits)

MEDICAL AND PSYCHOSOCIAL ASPECTS OF ALCOHOL/DRUG USE, ABUSE & ADDICTION (45 hours)

HMS 132, Medical/Ssocial Aspects of Addiction (4.5 credits)

CLINICAL TREATMENT ISSUES IN CHEMICAL DEPENDENCY (30 hours)

HMS 213, Treatment Issues in Chemical Dependency (4.0 credits)  
**PERU STATE COLLEGE**  
**PERU, NEBRASKA**

COUNSELING THEORIES AND TECHNIQUES (45 hours)

PSYCH 437, Techniques of Counseling (3 credits)

GROUP COUNSELING (45 hours)

SOWK 390, Group Work, (3 credits)

HUMAN GROWTH AND DEVELOPMENT (30 hours)

PSYCH 250, Human Growth and Development (3 credits)

PROFESSIONAL ETHICS AND ISSUES (15 hours)

None approved

ALCOHOL/DRUG ASSESSMENT, CASE PLANNING AND MANAGEMENT (30 hours)

None approved

MULTICULTURAL COUNSELING (30 hours)

None approved

MEDICAL AND PSYCHOSOCIAL ASPECTS OF ALCOHOL/DRUG USE, ABUSE & ADDICTION (45 hours)

None approved

CLINICAL TREATMENT ISSUES IN CHEMICAL DEPENDENCY (30 hours)

None approved  
**SOUTHEAST COMMUNITY COLLEGE**  
**LINCOLN, NEBRASKA**

COUNSELING THEORIES AND TECHNIQUES (45 hours)

HMRS 1102, Counseling Theories and Techniques (4.5 credits)

GROUP COUNSELING (45 hours)

HMRS 1402, Group Theory and Process (4.5 credits)

HUMAN GROWTH AND DEVELOPMENT (30 hours)

PSYC 2960, Life Span Human Development (4.5 credits)

PROFESSIONAL ETHICS AND ISSUES (15 hours)

HMRS 1403, Assessment, Case Planning/Management and Professional Ethics for Alcohol/Drug Abuse Counselors (4.5 credits)

ALCOHOL/DRUG ASSESSMENT, CASE PLANNING AND MANAGEMENT (30 hours)

HMRS 1403, Assessment, Case Planning/Management and Professional Ethics for Alcohol/Drug Abuse Counselors (4.5 credits)

HMRS 2518, Clinical Treatment Issues in Chemical Dependency (4.5 credits)  
(Both courses must be completed to meet the requirement).

MULTICULTURAL COUNSELING (30 hours)

HMRS 1357, Multicultural Counseling (4.5 credits)

MEDICAL AND PSYCHOSOCIAL ASPECTS OF ALCOHOL/DRUG USE, ABUSE & ADDICTION (45 hours)

HMRS 2517, Medical and Psychological Aspects of Alcohol/Drug Use, Abuse and Addiction (4.5 credits)

CLINICAL TREATMENT ISSUES IN CHEMICAL DEPENDENCY (30 hours)

HMRS 2518, Clinical Treatment Issues in Chemical Dependency (4.5 credits)  
**UNIVERSITY OF NEBRASKA AT KEARNEY**  
**KEARNEY, NEBRASKA**

COUNSELING THEORIES AND TECHNIQUES (45 hours)

CSP 855, Techniques of Counseling (3 credits)  
CSP 860, Theories of Counseling (3 credits)  
(Both courses must be completed to meet the requirement).

GROUP COUNSELING (45 hours)

CSP 865, Group Counseling (3 credits)

HUMAN GROWTH AND DEVELOPMENT (30 hours)

CSP 840, Counseling Across the Life Span (3 credits)

PROFESSIONAL ETHICS AND ISSUES (15 hours)

None approved

ALCOHOL/DRUG ASSESSMENT, CASE PLANNING AND MANAGEMENT (30 hours)

None approved

MULTICULTURAL COUNSELING (30 hours)

CSP 856P, Multicultural Counseling (3 credits)

MEDICAL AND PSYCHOSOCIAL ASPECTS OF ALCOHOL/DRUG USE, ABUSE & ADDICTION (45 hours)

None approved

CLINICAL TREATMENT ISSUES IN CHEMICAL DEPENDENCY (30 hours)

None approved

**UNIVERSITY OF NEBRASKA AT OMAHA  
OMAHA, NEBRASKA**

COUNSELING THEORIES AND TECHNIQUES (45 hours)

Coun 8200, Counseling Theories (3 credits)  
Coun 8300, Counseling Techniques I (1 credit)  
Coun 8310, Counseling Techniques II (1 credit)  
Coun 8400, Counseling Techniques III (1 credit)  
Coun 8030, Counseling Practices (3 credits)  
(All courses must be completed to meet the requirements.)

GROUP COUNSELING (45 hours)

COUN 8270, Group Techniques in Guidance (1 credit)  
COUN 8370, Group Techniques: Theory and Practice (2 credits)  
(Both courses must be completed to meet the requirement).

HUMAN GROWTH AND DEVELOPMENT (30 hours)

COUN 8110, Human Development and Psychosocial Intervention Strategies (3 credits)

PROFESSIONAL ETHICS AND ISSUES (15 hours)

COUN 8040, Professional and Ethical Issues for Professional Counselors (2 credits)

ALCOHOL/DRUG ASSESSMENT, CASE PLANNING AND MANAGEMENT (30 hours)

None approved

MULTICULTURAL COUNSELING (30 hours)

COUN 8520, Counseling Multicultural and Diverse Populations (3 credits)

MEDICAL AND PSYCHOSOCIAL ASPECTS OF ALCOHOL/DRUG USE, ABUSE &  
ADDICTION (45 hours)

None approved

CLINICAL TREATMENT ISSUES IN CHEMICAL DEPENDENCY (30 hours)

None approved  
**WAYNE STATE COLLEGE**  
**WAYNE, NEBRASKA**

COUNSELING THEORIES AND TECHNIQUES (45 hours)

CSL 324, Fundamentals of Counseling (3 credits)  
CSL 342, Interviewing Skills (3 credits)  
(Both courses must be completed to meet the requirement).  
Or  
CSL 600, Theories of Counseling (3 credits)  
CSL685, practicum (3 credits)  
(Both courses must be completed to meet the requirement.)

GROUP COUNSELING (45 hours)

CSL 403, Group Strategies in Counseling (3 credits)  
  
OR  
  
CSL 665, Group Counseling (3 credits)

HUMAN GROWTH AND DEVELOPMENT (30 hours)

PSY 230, Life Span Development (3 credits)

PROFESSIONAL ETHICS AND ISSUES (15 hours)

None approved

ALCOHOL/DRUG ASSESSMENT, CASE PLANNING AND MANAGEMENT (30 hours)

None approved

MULTICULTURAL COUNSELING (30 hours)

CSL 447/547, Multicultural Counseling (2 credits)

MEDICAL AND PSYCHOSOCIAL ASPECTS OF ALCOHOL/DRUG USE, ABUSE & ADDICTION (45 hours)

CSL 440/540, Chemical Dependency Counseling (3 credits)

PSY 440/540, Psychopharmacology (3 credits)  
(Both courses must be completed to meet the requirement).

CLINICAL TREATMENT ISSUES IN CHEMICAL DEPENDENCY (30 hours)

None approved  
**WESTERN NEBRASKA COMMUNITY COLLEGE**  
**SCOTTSBLUFF, NEBRASKA**

COUNSELING THEORIES AND TECHNIQUES (45 hours)

PSYC 203, Introduction to Counseling Skills: Theories and Techniques (3 credits)

GROUP COUNSELING (45 hours)

None approved

HUMAN GROWTH AND DEVELOPMENT (30 hours)

PSYC 115, Life Span: Human Growth and Development (3 credits)

PROFESSIONAL ETHICS AND ISSUES (15 hours)

None approved

ALCOHOL/DRUG ASSESSMENT, CASE PLANNING AND MANAGEMENT (30 hours)

None approved

MULTICULTURAL COUNSELING (30 hours)

None approved

MEDICAL AND PSYCHOSOCIAL ASPECTS OF ALCOHOL/DRUG USE, ABUSE & ADDICTION (45 hours)

None approved

CLINICAL TREATMENT ISSUES IN CHEMICAL DEPENDENCY (30 hours)

None approved